



Declaration for Fitness Room

I, _____ (full name printed on identity card/Passport), holder of USJ Student Card / Staff Card / Macau BIR / Passport / HK ID no. _____ hereby declare that my health condition is appropriate for the use of the equipment and facilities in the fitness room. I know of no condition, medical or otherwise, that would inhibit my use of the fitness room. Besides, I accept that I use the equipment and facilities at my own risk and am liable to any injury, loss, or damage caused by myself.

In addition, I confirm that I have read and will abide by the "[Guidelines and Rules for Fitness Room](#)", and that I will read and follow the instructions of the equipment before using. I also accept that these documents are subject to ongoing review and amendment as appropriate.

Signature: _____ Date: _____
(same as identity card or passport)

Office Use Only

Received by:

Signature and ID _____ Date: _____

Verified by:

Signature and ID _____ Date: _____

Author: Residential Hall Office

Approved by: Line Manager Administrator Dr Alejandro Salcedo Garcia

Approval date: 01 of September 2020

Operational commencement date: 01 of September 2020

Access Right: Available to public

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